

REGINA AREA

VitalSigns®

2016 REPORT

WHAT IS VITAL SIGNS?

South Saskatchewan Community Foundation (SSCF) is one of 32 community foundations across Canada participating in this year's Vital Signs program. More than 85 communities across Canada and around the world use Vital Signs to mobilize the power of community knowledge for greater local impact. For more information about Vital Signs or to access local reports, visit www.vitalsignscanada.ca. The Vital Signs report is a check-up that measures the quality of life in our community, identifies trends, and shares opportunities for action.

WHAT DOES IT MEASURE?

This year's report includes local, provincial and national data related to the following indicators: • The Economy • Demographic Trends • Reconciliation • Arts and culture • Health and wellness • Sense of Belonging • Housing • Environment • Learning • Food Security • Immigration • Work and more. The indicators show how the Regina Area compares to other communities and how the community has changed over time.

WHAT AREAS ARE COVERED?

This third annual Regina Area Vital Signs report focuses on the Regina Census Metropolitan Area and also includes information on the First Nations communities in Treaty 4 territory.

HOW DOES IT WORK?

In addition to detailed statistical analysis and data mining as well as sharing real stories of our community's work to make the Regina Area a better place to live, the Community Foundation will engage the community in pursuing a number of Vital Conversations to explore the issue areas in further depth.

WHAT MAKES VITAL SIGNS DIFFERENT?

It is a unique collaborative project carried out with the input and support of a large number of community partners including representatives from the charitable sector, government, non-profit and business. The power of this report is in its accessibility. The data brought together to tell the story comes from a wide range of sources rarely available in a single report, however the story is told in a way that is interesting, understandable, accessible, engaging, and above all, actionable for everyone living in our community.

HOW IS IT USED?

Experience in South Saskatchewan and other communities has shown that the Vital Signs report is an important discussion piece for the community and provides much needed clarity around the current, potential and perceived issues facing our citizens. It invariably becomes a key tool for many different groups working for the betterment of our community.

Visit sscf.ca/vital-signs for a full copy of the report and additional information. Follow the conversation on Twitter at [#VSBelonging](https://twitter.com/VSBelonging)



BELONGING: EXPLORING CONNECTION TO COMMUNITY

NEXT STEPS

- ✓ Get to know the charities that you support. They need your financial help and your voice in the community.
- ✓ Host a Vital Conversations event in collaboration with the Community Foundation to continue the dialogue in your organization.
- ✓ Learn about Canada's First Nations people, their history, rich traditions and the road to reconciliation.
- ✓ Volunteer with a charitable or not-for-profit organization. Most have options for those with lots or just a little time to spare.
- ✓ Attend a cultural event from a culture that might not be your own. Get to know your neighbours.
- ✓ Visit an art gallery, museum, library or concert — many offer free admission or affordable options.

SPECIAL APPRECIATION TO

SOUTH SASKATCHEWAN COMMUNITY FOUNDATION BOARD OF DIRECTORS

GREG SWANSON, CHAIR; TED DELANGHE, VICE-CHAIR; JIM TOMKINS, PAST CHAIR; BOB PERRY, SECRETARY; BARBARA MARCH-BURWELL, TREASURER; JANET BARBER; DAVID BRUNDIGE; LESLIE CIZ; BARBARA POLLOCK; ADAM YUZIK; CHERYL ZANKL.

SSCF VITAL SIGNS COMMUNITY ADVISORY COMMITTEE AND INDIVIDUALS

CANADIAN RED CROSS, SK DIVISION; CARMICHAEL OUTREACH; CITY OF REGINA; COMMUNITY INITIATIVES FUND; REGINA AND AREA EARLY CHILDHOOD NETWORK; REGINA AND DISTRICT FOOD BANK; REGINA OPEN DOOR SOCIETY; REGINA PUBLIC LIBRARY; REGINA REGION LOCAL IMMIGRATION PARTNERSHIP; SASK. ARTS ALLIANCE; SASK. SENIORS' MECHANISM; UNITED WAY REGINA; YWCA REGINA; LYNN GIDLICK; SANDY PINAY-SCHINDLER. SPECIAL THANKS TO DR. IRYNA KHOVRENKOV OF THE JOHNSON SHOYAMA GRADUATE SCHOOL OF PUBLIC POLICY, UNIVERSITY OF REGINA FOR RESEARCH AND DATA ANALYSIS WITHIN THE REPORT.

AND ALL THOSE WHO ASSISTED WITH ARTICLES, INTERVIEWS, PRODUCTION, EVENT LAUNCH AND ALL OTHER REQUIREMENTS

THE SOUTH SASKATCHEWAN COMMUNITY FOUNDATION IS A REGISTERED CANADIAN CHARITY BN 890271448 RROO01 GOVERNED BY A VOLUNTEER BOARD OF DIRECTORS.

THROUGH YOUR LOCAL COMMUNITY FOUNDATION, WE BRING PEOPLE AND CAUSES TOGETHER TO CREATE A SMART AND CARING NATION, AND THE FUTURE WE WANT FOR CANADA.

THE FOUNDATION ACCEPTS DONATIONS OF CASH, SECURITIES, LIFE INSURANCE, RRSP'S, AND OTHER PROPERTY TO BE USED TO BUILD COMMUNITY TODAY AND FOREVER. MAKE YOUR GIFT BY CALLING 306-751-4956.

South Saskatchewan Community Foundation

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