

Helping Good People Do Great Things!



Contact: Michael Chmielewski

Communications Coordinator

Phone: 306-751-4751

Email: [michael.chmielewski@sscf.ca](mailto:michael.chmielewski@sscf.ca)

## SSCF RELEASES 2018 REGINA AND SOUTH SASKATCHEWAN VITAL SIGNS® REPORT

*2018 Report Focuses on Pursuing Reconciliation, Welcoming Newcomers, and Building Economic Inclusion.*

**FOR IMMEDIATE RELEASE (Oct 4, 2018)** – The South Saskatchewan Community Foundation (SSCF) has released its 2018 Regina and south Saskatchewan *Vital Signs* report.

This report, launched as part of the national *Vital Signs* week, leverages local knowledge to measure the vitality of our communities and support action towards improving our collective quality of life. The report expands upon SSCF's 2016 *Vital Signs* theme of "Belonging" and three areas of focus: "Pursuing Reconciliation," "Welcoming Newcomers," and "Building Economic Inclusion."

As part of the process, SSCF conducted qualitative research and gathered vital statistics to study belonging in our community. *Vital Conversations* on "Pursuing Reconciliation" and "Welcoming Newcomers" engaged the public and provided SSCF with crucial information on these topics. Other sections of the report, like the Community Dashboard, take the pulse of our community by reporting on people's sense of belonging, unemployment, our province's environment, and more. The report highlights great news stories about the community, such as the fact that median charitable donations in Saskatchewan and Regina are well above the national average and that Saskatchewan has the highest volunteering rate in the whole country!

SSCF is also proud to feature stories in the report from its *Vital Signs* Community Network – a group of like-minded charities, organizations, and community leaders that act as a sounding board for the SSCF. Featured stories are from Astonished!, the Regina Senior Citizens' Centre (RSCC), Inclusion Regina, the Saskatchewan Arts Alliance, the Regina Early Years Family Centre, the Regina Food Bank, the YMCA, and the YWCA.

### **About your community foundation:**

Founded almost 50 years ago in 1969, the South Saskatchewan Community Foundation (SSCF) serves as a bridge between donors and charities in Regina and in southern Saskatchewan. We believe in facilitating Saskatchewan philanthropy, supporting local charities, and developing our community so that our home is a more vital, strong, and fair place to live, work, and play. With an endowment pool of just over \$71 million, SSCF supported more than 195 registered charities and granted \$6.2 million in 2017. Learn more by visiting [www.sscf.ca](http://www.sscf.ca)

Learn more about the *Vital Signs* program here  
<http://communityfoundations.ca/vitalsigns/>



REGINA AND SOUTH SASKATCHEWAN  
**VitalSigns®**