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# Regina's Non-Profit Voices: Collaborating With the City

Findings from the March 6, 2025 roundtable conversation between the City of Regina and non-profit organization representatives.

## The Purpose of this Conversation:

On March 6, 2025, the Community Foundation and the Non-profit and Voluntary Sector Studies Network at Luther College at the University of Regina (NVSSN) hosted a facilitated roundtable conversation. This took place among Regina non-profit representatives and the City of Regina's mayor, council, and administrative staff. This meeting was a follow-up to the September 17, 2024 conversation titled <u>'Regina's Non-Profit Voices: Addressing Funding Gaps'</u> where the need was identified for government agencies and non-profit organizations to work more collaboratively regarding funding and policy making decisions.

Participants were asked to answer the following three questions in a collaborative manner:

- 1. How can we (the City and the non-profit sector) work together to better address the challenges we share in the community?
- 2. What specific policies or funding options could better support our non-profit sector?
- 3. This roundtable is a good start but how can we make sure we (the City and the non-profit sector) continue to work together?

The groundwork of this conversation originated from the 'Growing Futures: Vital Signs Report 2023.' that acknowledges the community funding gaps that the non-profit sector is facing.

## **Background to the Growing Futures: Vital Signs 2023 Focus Areas:**

The 'Growing Futures: Vital Signs Report 2023' was published by the Community Foundation and focuses on a Saskatchewan region recovering from a global pandemic and adapting to an increased cost of living. The report investigates the ways these challenges are impacting our community.

This gives readers a snapshot of data about south Saskatchewan and its most pressing needs and challenges. It is a starting point to act and find solutions to the identified challenges. The following focus areas were identified in the report:

- Supporting Safe and Affordable Housing
- Increasing Food Security
- Improving Mental Health Services for Substance Use and Suicide Prevention
- Sustaining Community Infrastructure
- Community Funding Gaps

Read the full 'Growing Futures: Vital Signs Report 2023' at www.GrowingFuturesReport.ca

#### Who was Included in the Conversation:

The following 28 organizations were represented in-person at the March 6, 2025 facilitated roundtable conversation.

- AIDS Program South Saskatchewan
- Astonished! (The Big Sky Centre for Learning and Being Astonished)
- Big Brothers Big Sisters of Regina & Area
- Canadian Mental Health Association Saskatchewan Branch
- The Caring Place
- Carmichael Outreach
- The Circle Project
- City of Regina
- CNIB Foundation (Canadian National Institute for the Blind)
- EnviroCollective Network
- Family Service Regina
- Luther College
- Nature Saskatchewan
- North Central Family Centre
- OSI-CAN Saskatchewan
- Phoenix Residential Society
- Rainbow Youth Centre
- REACH Regina
- Regina Food for Learning
- Regina Sexual Assault Centre
- Regina Transition House
- Regina Work Prep Centre
- Salthaven West Wildlife Rehabilitation & Education Centre
- Saskatchewan Health Authority
- South Saskatchewan Community Foundation
- South Saskatchewan Independent Living Centre
- St. John Ambulance Regina
- Street Culture Project

# Key Takeaways:

## 1. How the City and non-profit sector can work better together:

## **Creating a Roadmap for Coordination:**

Create a road map for services and provide shared spaces for collaboration. The City can act as a systems navigator to help non-profits work better together.

## What was discussed:

- The non-profit sector needs a Regina roadmap and systems navigator to help identify who is doing what role, when, where, and how this can help better align collaboration and efficiency-building efforts
  - o More shared navigation to services
- Sustainable Development Goals (SDGs) as a framework for collaboration
  - o Align measurement and communication with global language
- It is a challenge to operationalize ideas and visions to address SDGs
- Truth and Reconciliation Calls to Action alignment
- Review all services and identify alignment with community needs
- Define roles and responsibilities of each organization, including the municipality and non-profits, to best utilize resources and have a communications plan
- Each organization has different work make sure the context of this variety of work is understood
  - o Get to know your organizations and what they do
- Record and communicate step-by-step details of what we have achieved and what the gaps are

## **Developing Centralized Community Hubs:**

Establish multi-service centres to help non-profits be more efficient while reducing costs.

- Shared resource depositories and shared spaces
- The city needs to have wrap-around service community hubs
  - > To create efficiencies of shared costs, enhanced non-profit sector collaboration, and more convenient distribution of services to patrons; centralized community hubs can be developed that house a variety of service providers in a single physical location
  - There is a potential to strategically re-invent or re-invigorate community centres for this purpose
  - > mâmawêyatitân centre is a good example leaning towards this idea of a shared community space
  - More development is needed, and we need to make sure they are well used

## **Holding Frequent Transparent Meetings:**

Frequent meetings between the City and non-profits can build relationships and trust. This will help to address challenges, together.

#### What was discussed:

- Bringing people together (i.e., this meeting) is necessary to address challenges in a stronger and more coordinated manner
- These types of events the City can coordinate meetings through the Community and Wellbeing Table
- More involvement of external community groups
- Open and transparent conversations
- Frequent meetings are important
  - Quarterly meetings don't work
  - We need to meet more often
  - Build rapport among each other
- Events Chamber of Commerce Events bring businesses together often
  - Non-profit sector doesn't do this but would benefit from similar events
- Community Forums
  - Gather and learn together
- Schedule regular "pulse" checks
- Canadian Food Centre use a message board this approach could be used here to keep people up to speed with each other
- . How to connect better amongst each other
- Continue the conversation and collaboration
- The City can create conditions for the non-profit sector to thrive
  - > We should come together to make real collaborative choices
  - > Transparency amongst all groups
  - > Presentations and questions amongst non-profits and the City
  - Visit organizations to see them and know what is going on

## **Building Relationships**

Teamwork and trust lead to success. Advisory groups can help address challenges.

- It is important to continue to build on existing action tables that have been established and/or were being established at the City of Regina prior to this meeting.
  - Trust
    - o Not feeling trusted by funders
    - o Need to be able to trust each other to collaborate
  - Relationship Building
  - Mentorship
  - Teamwork
  - Collaboration
  - Make it easier to link up with a city staff member
  - Opportunities for non-profits to present directly to the City

- Being more honest about challenges in the sector and understanding from all stakeholders
- Need to be more honest about how challenging the challenges are
- More honesty on expectations of funders and the ability of NPOs to deliver
- The non-profit sector already collaborates
- Learning from others
- Advisory Committees identify and build on what is working and fund based on this information
- Include more charities so everyone has a voice
- We need space to get to know each other (non-profit sector and municipality)
- We need a level playing field for collaboration
- More City collaboration

## **Exploring Out-of-the-Box Funding Ideas:**

Look into new funding models. Some ideas include pooled funding and partnerships with private businesses.

#### What was discussed:

- Explore different and out-of-the-box funding opportunities
  - > Example: pooled funding with private businesses
- Collaboration on funding between City and non-profits
- Matching organizations together
  - > To support collaboration and provide collaborative funding
- Cooperate for bigger dollars from the federal government

## 2. Ways to Address Funding and Policy Challenges

## **Funding Core Operations:**

Providing support for administrative needs will help with long-term success.

- More support services provided by the City are necessary to help with administrative and operational needs
- Loss or decrease of federal funding is making challenges more difficult to address
- Restricted funding is making challenges more difficult to address
- Operational funding is needed
  - There are no long-term and sustainable funding options
- Need funding for administration and operations to sustain organizations
- Understanding complexities of non-profit organizations and the need for more overhead to run effectively
- The City could offer administrative costs for some grants. We need more opportunities that include administrative needs

## **Allowing for Flexible and Reliable Funding:**

Flexible and multi-year funding without restrictions helps create bigger impact.

#### What was discussed:

- Unrestricted funding and flexible funding
  - > Let the non-profit sector tell the City and funders what is needed to succeed
  - > Flexibility to add new programs
  - Let non-profits use funding for food food is needed to attract people
  - > To help build sustainability
  - Program funding is problematic and creates more work than intended hurting the efficiency and effectiveness of organizations to help those who need it
  - > Financial support to help small organizations write grants and build capacity for fund development
- Tailored grants with specific needs can be problematic if they don't line up directly with community need
- Multi-year funding models
- Look upstream City listen to non-profit needs and create funding opportunities based on it
- Unrestricted funding for more collaboration and to sustain successful existing programs
- ❖ A bouquet of solutions is needed to support local non-profits
- Flexibility in applying extra grant dollars to other impactful internal initiatives
- Barriers include funding competition which is set by funders

## **Adopting Easier Processes:**

Making grant applications and reports simpler will lower administrative work for non-profits. Consider allowing for oral or storytelling applications. Take an equitable approach.

- Streamlined processes
  - The City streamlined the grant application process recently this saves a lot of administrative work
  - Any effort to streamline paperwork is greatly appreciated
- New ways of grant applications
  - Oral grant applications story-based approach
- The staff and time that goes into applying for funding and reporting on it is high and decreases capacity to focus on the cause
- ❖ Finding grant opportunities is time consuming and can be difficult
- More flexible funding criteria
- Policies to streamline reporting processes
- Currently, grant opportunities are limited and take a lot of time to seek out and attempt to be successful with
- Open ended call for applications opposed to rigid deadline dates to help address emergent needs
- The city should ensure equitable funding access

## 3. Expanding Non-Profit Sector Capacity

## **Enhancing Space and Staffing:**

Many non-profits struggle with small or outdated space in need of repair. They also have under-resourced staff. There is a need for better facilities and operational support.

#### What was discussed:

- Organizations are outgrowing spaces and need suitable spaces (size, capacity, quality)
- Larger organization capacity is needed (for example, schools that need an organization's support are turned away due to lack of capacity)
- Tax breaks for renting space
- It is currently difficult to make use of City spaces (for example, there is a lack of adequate storage)
- Value the sector more fairly (the sector is currently undervalued)
- Opportunities to overcoming challenges non-profits face are currently too limited due to lack of resources, time, and awareness
- Coordinated action with the City on mental health supports for staff
- Non-profit staff are underpaid, and the sector is underfunded this undermines the ability to do the work effectively and reduces equity
- Funding challenges have financial, health, and mental wellness implications for folks dedicating themselves to creating community impact
- Not enough staffing
- Maximizing momentum of established efforts that are proving to be successful

## **Increasing Volunteerism:**

There is a need for more volunteers. This needs attention from both the City and non-profits to help promote volunteerism.

#### What was discussed:

- Example: University of Alberta's Non Profit Board Student Internship Program
   https://www.ualberta.ca/en/community-service-learning/student-info/non-profit-board-student-internship-program.html
- Volunteerism is down and needs to be addressed
- The City can assist in promoting volunteerism
  - ➤ Public volunteers, staff volunteers, seeking long-term commitments

## **Building Capacity:**

The City can provide more resources to help build the capacity of non-profits. This can include training programs and help retaining staff.

- Non-profit organizations lack efficiencies, and spend too much time with items including governance
  - Help non-profits like how the City helps business improvement districts
- External supports for certain areas (for example, gathering and writing grants)
- A centralized grant-writing body

- ❖ A group or contact to reach out to talk about the above ideas
- Information sessions specifically on city grants
- Assess the future economy impact on charities and plan accordingly
- Bring non-profit experts together and build together

## **Supporting Early Intervention and Prevention:**

Providing the funding and resources needed for early intervention and prevention. This can reduce long-term costs and increase return on investment.

#### What was discussed:

- Find ways to measure prevention efforts how do we communicate the impact of prevention?
- Early interventions are key to reduce costs and work better
  - > Early interventions reduce costs to the city at the grassroots level
  - > Grassroots organizations have a massive return on investment for the dollars they receive
  - > Social development grants tend to get the small amounts of funding

## **Creating a Resource Hub:**

Make a publicly available resource hub to share important tools and information for non-profits.

#### What was discussed:

- Places and resources to help people be more efficient and aligned
  - Support Portal
  - Resource Directory
  - Look at what EnviroCollective does: https://www.envirocollective.ca/directory/
  - "Skill" directory for mentorship, HR Resources
  - "Human Library"
    - For things like legal advice, HR advice, labour laws, etc.
- Collaboration Hub to support one another

## 4. Increasing Advocacy and Public Awareness

## **Understanding the Value of Investment:**

Help the community understand the value of investing in non-profits. Communicate the long-term impact and return on investment to the public.

- Investment VS Funding and understanding Return on Investment (ROI)
  - Need more funding for more impact there isn't enough funding available to make the impact needed

- The City needs to build a narrative for buy-in to explain how investing into community organizations has a tangible benefit
  - It isn't "funding" or "giving" hands outs it's investment that has positive returns
  - Focus on SDGs and Environmental, Social, and Governance (ESGs) for global language and credibility in the narrative building process
  - Use existing data to bring this to life
  - This is a long-term perception shifting process not a quick change
- The Community Foundation and educational institutions can act as a neutral convenor to bring this to life

## **Increasing Public Education and Pride:**

Help the public understand how the non-profit sector makes a positive impact. Share stories in partnership with other organizations.

#### What was discussed:

- More and better communication to the community
  - o Through the City
  - o Through educational institutions (University of Regina)
- More public education of the non-profit sector and its role in the community
- Generating civic pride around impact of non-profits
- Celebrate the work of the sector for public knowledge
- There is an unfair difference in expectations between the non-profit and for-profit sectors
- City and non-profit sector connecting and creating awareness of community need and how it is being addressed to the public
- City support in providing awareness of all charities

### **Advocating for Private Sector Support:**

The City should help non-profits get more support from the private sector. Help grow buyin from the public to increase investment into non-profits.

- The City can work with other grantors to make sure there are no gaps
- Connecting organizations with the private sector
- There needs to be pressure/advocacy from the City to encourage more private sector support of local non-profits
  - > Linking City projects to social impact
  - Currently, it's tougher for nonprofit organizations (they struggle), when for-profit organizations thrive at the same time
  - > Engage all stakeholders in a collaborative effort
- Private funding campaigns to help address funding gaps would be helpful
- Education at post-secondary schools

- City playing an advocating role
  - Advocate to the private sector on behalf of the non-profit sector

## **Sharing Data and Collective Storytelling:**

Non-profits collect useful data but do not have a way to broadly share it. Facilitating the pooling and sharing of data will help tell a story of community impact.

- Data sharing and pooling
  - o A lot of great data exists, but non-profits don't have the capacity to work with it there is a need to gather it and tell a collective story with it
- Reaching beyond current data base
- Establishing complex databases